

Tips for Talking with Your Treatment Team

It helps to know what to ask before you talk with your treatment team about your prostate cancer diagnosis.¹



- ✓ Make a list of questions before each appointment.
- ✓ Take notes or bring another person (spouse, child, or friend) to help you remember your questions and the answers.
- ✓ Get the phone number of someone at your doctor's office who you can call with follow-up questions.
- ✓ Keep a folder or notebook with all your medical papers and test results.
- ✓ Keep a record of all medical visits, and write down medications you have been prescribed.
- ✓ Keep a record of any side effects you may experience, including when and where they occur, and report them to your doctor.

NOTES/QUESTIONS

Reference:

1. National Cancer Institute. *When Someone You Love Has Advanced Cancer*. Bethesda, MD: National Cancer Institute; 2012. NIH Publication No. 12-5727.